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KEY=DO - CARTER STEVENS

AMAZON FIRE PHONE: THE MISSING MANUAL

"O'Reilly Media, Inc." *Unleash the powers of the Amazon Fire phone with help from technology guru Preston Gralla. Through clear instructions and savvy advice, this fast-paced, engaging guide shows you how to make the most of Fire phone's innovative features—including Firefly, Dynamic Perspective, one-handed gestures, and integration with Amazon Prime. The important stuff you need to know: Gain control with Dynamic Perspective. Tilt your phone to scroll, move your head to play games, and explore maps in 3D. Take pictures further. Capture high-res, panoramic, and moving (lenticular) photos. Shoot HD video, too. Shop with ease. Use Firefly to identify music, videos, and other items, and go straight to the product's Amazon page. Get the apps you want. Load up on games and apps for productivity, health and fitness, and social networking from Amazon's Appstore. Solve problems right away. Get live tech support from Amazon via video chat with the Mayday help feature. Carry the Cloud in your hand. Access Prime Instant Video, your Kindle library, and your uploaded photos and videos.*

CONTINENTAL BULLDOG. CONTINENTAL BULLDOG DOG COMPLETE OWNERS MANUAL. CONTINENTAL BULLDOG BOOK FOR CARE, COSTS, FEEDING, GROOMING, HEALTH AND TRAINING.

Imb Publishing *Written by an expert dog whisperer and dog owner, the Continental Bulldog Complete Owner's Manual has the answers you may need when researching this new bulldog breed. Learn about the healthier and more athletic "Conti" and find out whether or not this friendly and submissive dog will be the best choice for you and your family. Learn everything there is to know, including little known facts and secrets and how to care for every aspect of the Continental Bulldog's life. This manual contains all the information you need, from birth to the Rainbow Bridge, including transitioning through house breaking, care, feeding, training and end of life, so that you can make a well-informed decision about whether or not this dog is the breed for you. If you already have a Continental Bulldog, this book will teach you everything you need to know to make your dog a happy dog and to make you a happy dog owner. The author George Hoppendale is an experienced writer and a true animal lover. He enjoys writing animal books and advising others how to take care of their animals to give them a happy home. Co-Author Asia Moore is a professional Dog Whisperer, Cynologist and Author, living on Vancouver Island, off the west coast of British Columbia, in Canada, who believes that all humans and dogs can live together in harmony. She and her dog whispering team, which includes an 8-year-old Shih Tzu named Boris, teach dog psychology to humans, to help alleviate problem behaviors that arise between humans and their canine counterparts so that everyone can live a happy and stress-free life together. Covered in this book: - Temperament - Pros and Cons - Vital statistics - Before you buy - Choosing the right dog - Finding a breeder - Puppy proofing your home - The first weeks - Health and common health problems - Medical care & safety - Daily care - Feeding - Bad treats and snacks - Good treats and snacks - House training - Grooming - Training - Poisonous Foods & Plants - Caring for your aging dog .... and much more.*

MERGENT OTC INDUSTRIAL MANUAL

INTRODUCTION TO ARTIFICIAL INTELLIGENCE FOR SECURITY PROFESSIONALS

Introducing information security professionals to the world of artificial intelligence and machine learning through explanation and examples.

WIRELESS SYSTEMS

CELLULAR, 3G, LMR, MOBILE DATA, PAGING, SATELLITE, BROADCAST, AND WLAN

Althos Incorporated *This book provides a big picture of the key wireless industries, what systems and technologies they use, how they operate, their market trends, and what services they provide. If you are involved or you are getting involved in the wireless industry, your life is changing. The growth and decline of wireless industries can be well over 40% per year and it rapidly changes. Some wireless systems that were "hot technologies" just 10 years ago with billions of dollars in investment with national or global presence are simply gone. This information covered in this book ranges from the basics to what's new in wireless. You will learn that each wireless industry has its own unique advantages and limitations, which offer important economic and technical choices for managers, salespeople, technicians, and others involved with wireless telephones and systems. This book provides the background for a good understanding of the major wireless technologies, issues, and options available. The book starts with a basic introduction to wireless communication. It covers the different types of industries, who controls and regulates them, and provides a basic definition of each of the major wireless technologies. A broad overview of the telecom voice, data, and multimedia applications is provided. You will discover the fundamentals of wireless technologies and their terminology are described along with how the radio frequency spectrum is divided, the basics of radio frequency transmission and modulation, antennas and radio networks. The different types of analog and digital mobile telephone systems and their evolution are covered. Included is the basic operation, attributes and services for analog cellular(1st generation), digital cellular (2nd generation), packet based cellular (2 = generation), and wideband cellular (3rd generation) communication systems. Private land mobile radio (PLMR) dispatch and two-way radio systems are explained along with how they are changing from proprietary analog systems to advanced digital multimedia communication systems. The basics of mobile data are provided along with the available types of packet and circuit switched data systems and how they operate. Descriptions of paging systems are provided and you will discover how paging systems are evolving from one-way numeric messaging to two-way interactive information services. Important characteristics of satellite systems are covered. An overview of fixed wireless systems including point to point microwave, wireless cable, and broadband wireless is included. The fundamentals of radio and television broadcast systems are covered along with how they are converting from analog to digital systems and why in just a few years service to existing radios and telephones will stop. The fundamentals of residential cordless, public cordless and WPBX telephone systems covered. Wireless local area networks (WLANs) basics are provided including the different versions of 802.11. Short-range Bluetooth wireless is explained along with how it is used by accessories such as headsets, keyboards, cameras, and printers. The fundamentals of billing and customer care systems are provided along with these systems collect and process service and usage charges.*

THE GLOBAL SMARTPHONE

BEYOND A YOUTH TECHNOLOGY

UCL Press *The smartphone is often literally right in front of our nose, so you would think we would know what it is. But do we? To find out, 11 anthropologists each spent 16 months living in communities in Africa, Asia, Europe and South America, focusing on the take up of smartphones by older people. Their research reveals that smartphones are technology for everyone, not just for the young. The Global Smartphone presents a series of original perspectives deriving from this global and comparative research project. Smartphones have become as much a place within which we live as a device we use to provide 'perpetual opportunism', as they are always with us. The authors show how the smartphone is more than an 'app device' and explore differences between what people say about smartphones and how they use them. The smartphone is unprecedented in the degree to which we can transform it. As a result, it quickly assimilates personal values. In order to comprehend it, we must take into consideration a range of national and cultural nuances, such as visual communication in China and Japan, mobile money in Cameroon and Uganda, and access to health information in Chile and Ireland – all alongside diverse trajectories of ageing in Al Quds, Brazil and Italy. Only then can we know what a smartphone is and understand its consequences for people's lives around the world.*

INFO EXAME

SENSORS FOR HEALTH MONITORING

Academic Press *Sensors for Health Monitoring discusses the characteristics of U-Healthcare systems in different domains, providing a foundation for working professionals and undergraduate and postgraduate students. The book provides information and advice on how to choose the best sensors for a U-Healthcare system, advises and guides readers on how to overcome challenges relating to data acquisition and signal processing, and presents comprehensive coverage of up-to-date requirements in hardware, communication and calculation for next-generation uHealth systems. It then compares new technological and technical trends and discusses how they address expected u-Health requirements. In addition, detailed information on system operations is presented and challenges in ubiquitous computing are highlighted. The book not only helps beginners with a holistic approach toward understanding u-Health systems, but also presents researchers with the technological trends and design challenges they may face when designing such systems. Presents an outstanding update on the use of U-Health data analysis and management tools in different applications, highlighting sensor systems Highlights Internet of Things enabled U-Healthcare Covers different data transmission techniques, applications and challenges with extensive case studies for U-Healthcare systems*

COMMUNICATION SYSTEMS

Springer Science & Business Media *Presents main concepts of mobile communication systems, both analog and digital Introduces concepts of probability, random variables and stochastic processes and their applications to the analysis of linear systems Includes five appendices covering Fourier series and transforms, GSM cellular systems and more*

MY IPHONE

Pearson Education *My iPhone, Second Edition Step-by-step instructions with callouts to iPhone photos so that you can see exactly what to do. Help when you run into the few iPhone limitations. Tips and Notes to help you get the most from your iPhone. Full-color, step-by-step tasks walk you through getting and keeping your iPhone working just the way you want. The tasks include: • How to use all the essential features of iPhone 3G such as the cell phone, visual voice mail, conference calling, and contact information. • How to add network connections and switch between them; surf the web using full-featured web pages just like on a computer; and receive and manage your email, from all your accounts, including Microsoft Exchange, wherever you are. • How to configure MobileMe to keep all your contacts, email, and events current on your device wirelessly. • How to use an iPod and and iTunes 8 to listen to music and podcasts or watch movies, TV shows, and music videos. • How to take quality photos and view them, email them, or transfer them to a computer. • How to find, download, install, manage, and use thousands of iPhone applications. • How use Maps to find any location, plan a route to it, and then track your route with GPS. • How to customize the way iPhone looks and works with your own wallpaper, Home screen button layouts, ringtones from your favorites songs, and more. CATEGORY: Apple Digital Media COVERS: Apple iPhone USER LEVEL: Beginning-Intermediate Quote from front cover. "As easy as the iPhone is to admire and use, Miser unlocks all of its secrets and offers frank, useful advice for getting the most out of the most amazing product of this century (so far!)." —Mark A. Kellner, Technology Columnist, The Washington Times*

EDUCATION FOR HUMAN DEVELOPMENT

Brasília : UNESCO

PEUGEOT 205 T16 GROUP B RALLY CAR ENTHUSIAST'S MANUAL

1984 TO 1986 (INCLUDES ALL RALLY CARS)

Haynes Publishing UK *The Peugeot 205 T16 is the legendary Group B turbocharged four-wheel-drive rally car produced by Peugeot between 1984 and 1986. 205 T16s won 16 World Championship rallies in the hands of Ari Vatanen, Timo Salonen, Juha Kankkunen and Bruno Saby, and won the manufacturers' and drivers' titles in 1985 and 1986 with Timon Salonen and Juha Kankkunen respectively, against strong opposition from Audi (Quattro), Lancia (Delta S4), Ford (RS200) and Austin-Rover (Metro 6R4). Peugeot later modified cars to compete in the famous Pikes Peak Hillclimb and Paris-Dakar rally, winning in 1987 and 1988. This extensively illustrated Manual looks at the design, evolution, anatomy and operation of the 205 T16, with input from many of the drivers and engineers involved.*

BATTERIES IN A PORTABLE WORLD

A HANDBOOK ON RECHARGEABLE BATTERIES FOR NON-ENGINEERS

Ec & M Books

INTRODUCTION TO ARCHITECTURE

John Wiley & Sons *"This major new collection introduces architecture to the beginning student or anyone who wants to learn about the built environment"--*

NET POSITIVE

HOW COURAGEOUS COMPANIES THRIVE BY GIVING MORE THAN THEY TAKE

Harvard Business Press *A Financial Times Best Business Book of the Year Named one of 10 Best New Management Books for 2022 by Thinkers50 "An advocate of sustainable capitalism explains how it's done" — The Economist "Polman's new book with the sustainable business expert Andrew Winston...argues that it's profitable to do business with the goal of making the world better." — The New York Times Named as recommended reading by Fortune's CEO Daily "...Polman has been one of the most significant chief executives of his era and that his approach to business and its role in society has been*

both valuable and path-breaking." — Financial Times The ex-Unilever CEO who increased his shareholders' returns by 300% while ensuring the company ranked #1 in the world for sustainability for eleven years running has, for the first time, revealed how to do it. Teaming up with Andrew Winston, one of the world's most authoritative voices on corporate sustainability, Paul Polman shows business leaders how to take on humanity's greatest and most urgent challenges—climate change and inequality—and build a thriving business as a result. In this candid and straight-talking handbook, Polman and Winston reveal the secrets of Unilever's success and pull back the curtain on some of the world's most powerful c-suites. Net Positive boldly argues that the companies of the future will profit by fixing the world's problems, not creating them. Together the authors explode our most prevalent corporate myths: from the idea that business' only function is to maximise profits, to the naïve hope that Corporate Social Responsibility will save our species from disaster. These approaches, they argue, are destined for the graveyard. Instead, they show corporate leaders how to make their companies "Net Positive"—thriving by giving back more to the world than they take. Net Positive companies unleash innovation, build trust, attract the best people, thrill customers, and secure lasting success, all by helping create stronger, more inclusive societies and a healthier planet. Heal the world first, they argue, and you'll satisfy your investors as a result. With ambitious vision and compelling stories, Net Positive will teach you how to find the inner purpose and courage you need to embrace the only business model that will matter in the years ahead. You will learn how to lead others and unlock your company's soul, while setting and delivering big and aggressive goals, and taking responsibility for all of your company's impacts. You'll find out the secrets to partnering with others, including your competition and critics, to drive transformative change from which you will prosper. You'll build a company that serves your people, your customers, your communities, your shareholders—and your children and grandchildren will thank you for it. Is this win-win for business and humanity too good to be true? Don't believe it. The world's smartest CEOs are already taking their companies on the Net Positive journey and benefitting as a result. Will you be left behind? Join the movement at netpositive.world

POPULAR PHOTOGRAPHY

INVISIBLE ENGINES

HOW SOFTWARE PLATFORMS DRIVE INNOVATION AND TRANSFORM INDUSTRIES

MIT Press Harnessing the power of software platforms: what executives and entrepreneurs must know about how to use this technology to transform industries and how to develop the strategies that will create value and drive profits. Software platforms are the invisible engines that have created, touched, or transformed nearly every major industry for the past quarter century. They power everything from mobile phones and automobile navigation systems to search engines and web portals. They have been the source of enormous value to consumers and helped some entrepreneurs build great fortunes. And they are likely to drive change that will dwarf the business and technology revolution we have seen to this point. Invisible Engines examines the business dynamics and strategies used by firms that recognize the transformative power unleashed by this new revolution—a revolution that will change both new and old industries. The authors argue that in order to understand the successes of software platforms, we must first understand their role as a technological meeting ground where application developers and end users converge. Apple, Microsoft, and Google, for example, charge developers little or nothing for using their platforms and make most of their money from end users; Sony PlayStation and other game consoles, by contrast, subsidize users and make more money from developers, who pay royalties for access to the code they need to write games. More applications attract more users, and more users attract more applications. And more applications and more users lead to more profits. Invisible Engines explores this story through the lens of the companies that have mastered this platform-balancing act. It offers detailed studies of the personal computer, video game console, personal digital assistant, smart mobile phone, and digital media software platform industries, focusing on the business decisions made by industry players to drive profits and stay a step ahead of the competition. Shorter discussions of Internet-based software platforms provide an important glimpse into a future in which the way we buy, pay, watch, listen, learn, and communicate will change forever. An electronic version of this book is available under a Creative Commons license.

INTERNET OF THINGS AND INTER-COOPERATIVE COMPUTATIONAL TECHNOLOGIES FOR COLLECTIVE INTELLIGENCE

Springer Over the past two decades, we have witnessed unprecedented innovations in the development of miniaturized electromechanical devices and low-power wireless communication making practical the embedding of networked computational devices into a rapidly widening range of material entities. This trend has enabled the coupling of physical objects and digital information into cyber-physical systems and it is widely expected to revolutionize the way resource computational consumption and provision will occur. Specifically, one of the core ingredients of this vision, the so-called Internet of Things (IoT), demands the provision of networked services to support interaction between conventional IT systems with both physical and artificial objects. In this way, IoT is seen as a combination of several emerging technologies, which enables the transformation of everyday objects into smart objects. It is also perceived as a paradigm that connects real world with digital world. The focus of this book is exactly on the novel collective and computational intelligence technologies that will be required to achieve this goal. While, one of the aims of this book is to discuss the progress made, it also prompts future directions on the utilization of inter-operable and cooperative next generation computational technologies, which supports the IoT approach, that being an advanced functioning towards an integrated collective intelligence approach for the benefit of various organizational settings.

MUNDO EJECUTIVO

CODE CRAFT

THE PRACTICE OF WRITING EXCELLENT CODE

No Starch Press *A guide to writing computer code covers such topics as variable naming, presentation style, error handling, and security.*

FOREVER AMBER

Chicago Review Press *Abandoned pregnant and penniless on the teeming streets of London, 16-year-old Amber St. Clare manages, by using her wits, beauty, and courage, to climb to the highest position a woman could achieve in Restoration England—that of favorite mistress of the Merry Monarch, Charles II. From whores and highwaymen to courtiers and noblemen, from events such as the Great Plague and the Fire of London to the intimate passions of ordinary—and extraordinary—men and women, Amber experiences it all. But throughout her trials and escapades, she remains, in her heart, true to the one man she really loves, the one man she can never have. Frequently compared to Gone with the Wind, Forever Amber is the other great historical romance, outselling every other American novel of the 1940s—despite being banned in Boston for its sheer sexiness. A book to read and reread, this edition brings back to print an unforgettable romance and a timeless masterpiece.*

TELEBRASIL

REVISTA BRASILEIRA DE TELECOMUNICAÇÕES..

63 DOCUMENTS THE GOVERNMENT DOESN'T WANT YOU TO READ

Skyhorse Publishing, Inc. *Analyzes a series of public domain documents which demonstrate how the government has misled the public, engaging in deception about the objectives and scope of some of its programs and perpetuating wasteful spending and harmful cover-ups.*

THE HERESY WITHIN

Rob J. Hayes *When there are no heroes left, it's up to the villains to save the world. Even the best swordsman is one bad day away from a corpse. It's a lesson Blademaster Jezzet Vel'urn isn't keen to learn. Chased into the Wilds by a vengeful warlord, Jezzet makes it to the free city of Chade. But instead of sanctuary all she finds are more enemies from her past. Arbiter Thanquil Darkheart is a witch hunter for the Inquisition, on a holy crusade to rid the world of heresy. He's also something else: expendable. When the God Emperor gives Thanquil an impossible task, he knows he has no choice but to venture deep into the Wilds to hunt down a fallen Arbiter. The Black Thorn is a cheat, a thief, a murderer and worse. He's best known for the killing of several Arbiters and every town in the Wilds has a WANTED poster with his name on it. Thorn knows it's often best to lie low and let the dust settle, but some jobs pay too well to pass up. As their fates converge, Jezzet, Thanquil, and the Black Thorn will need to forge an uneasy alliance in order to face their common enemy. Pick up this fantasy spaghetti western today!*

WIRELESS NETWORKING IN THE DEVELOPING WORLD

A PRACTICAL GUIDE TO PLANNING AND BUILDING

Orange Groove Books *Provides instructions on how to build low-cost telecommunications infrastructure. Topics covered range from basic radio physics and network design to equipment and troubleshooting, a chapter on Voice over IP (VoIP), and a selection of four case studies from networks deployed in Latin America. The text was written and reviewed by a team of experts in the field of long distance wireless networking in urban, rural, and remote areas. Contents: 1) Where to Begin. 2) A Practical Introduction to Radio Physics. 3) Network Design. 4) Antennas & Transmission Lines. 5) Networking Hardware. 6) Security & Monitoring. 7) Solar Power. 8) Building an Outdoor Node. 9) Troubleshooting. 10) Economic Sustainability. 11) Case Studies. See the website for translations, including French, Spanish, Portuguese, Italian, Arabic, and others, and additional case studies, training course material, and related information*

MEDIA AND INFORMATION LITERACY AND INTERCULTURAL DIALOGUE

Nordicom

GLOBALIZATION AND DEVELOPMENT

A LATIN AMERICAN AND CARIBBEAN PERSPECTIVE

Stanford University Press *Globalization and Development draws upon the experiences of the Latin American and Caribbean region to provide a multidimensional assessment of the globalization process from the perspective of developing countries. Based on a study by the United Nations Economic Commission for Latin America and the Caribbean (ECLAC), this book gives a historical overview of economic development in the region and presents both an economic and noneconomic agenda that addresses disparity, respects diversity, and fosters complementarity among regional, national, and international institutions. For orders originating outside of North America, please visit the World Bank website for a list of distributors and geographic discounts at http://publications.worldbank.org/howtoorder or e-mail pubdistributors@worldbank.org.*

E-COMMERCE

BUSINESS, TECHNOLOGY, SOCIETY

For undergraduate and graduate courses in business. Understanding The Vast And Expanding Field of E-Commerce Laudon's E-Commerce 2016: Business, Technology, Society emphasizes three driving forces behind the expanding field of e-commerce: technology change, business development, and social issues. A conceptual framework uses the templates of many modern-day companies to further demonstrate the differences and complexities in e-commerce today. An in-depth investigation of companies such as Uber, Pinterest, and Apple kick-off the course while preparing students for real-life scenarios. In the Twelfth Edition, Laudon and Traver add new or update existing case studies to match developments in the e-commerce field as they exist in today's tech world. They built in additional video cases for each chapter, making the material even more accessible to students as they prepare for their future roles in business.

PROJECT MANAGEMENT

Penguin *The practical e-guide that gives you the skills to succeed as a project manager. Discover how to improve your project management skills by defining a project brief, identifying stakeholders, and building a strong team. You'll also learn useful tips for initiating projects, setting deadlines, and managing your budgets. Essential Managers gives you a practical "how-to" approach with step-by-step instructions, tips, checklists, and "ask yourself" features showing you how to focus your energy, manage change, and make an impact. DK's Essential Managers series contains the knowledge you need to be a more effective manager and hone your management style. Whether you're new to project management or simply looking to sharpen your existing skills, this is the e-guide for you.*

ADVANCES IN NATURAL LANGUAGE PROCESSING

5TH INTERNATIONAL CONFERENCE, FINTAL 2006 TURKU, FINLAND, AUGUST 23-25, 2006 PROCEEDINGS

Springer Science & Business Media *This book constitutes the refereed proceedings of the 5th International Conference on Natural Language Processing, FinTAL 2006, held in Turku, Finland in August 2006. The book presents 72 revised full papers together with 1 invited talk and the extended abstracts of 2 invited keynote addresses. The papers address all current issues in computational linguistics and monolingual and multilingual intelligent language processing - theory, methods and applications.*

EXAME INFORMÁTICA

AFRICA TODAY

NEW VISUALITIES, NEW TECHNOLOGIES

THE NEW ECSTASY OF COMMUNICATION

Routledge *Back in the 1980s Jean Baudrillard wrote that public space was collapsing due to a double obscenity: 'The most intimate operation of your life becomes the potential grazing ground of the media....The entire universe also unfolds unnecessarily on your home screen.' He termed this the ecstasy of communication. But today, your everyday life is not just the potential grazing ground of the media, but of anyone with a camera, and the entire universe unfolds not just at home but in the palm of your hand virtually anywhere you travel. Bringing together a transdisciplinary team of leading scholars and artists from North America, Europe and Asia, this volume documents and theorizes this new visibility. It focuses on the proliferation of a range of new visual technologies, examining questions of subjectivity, agency, and surveillance as well as mapping and theorizing new practices of visuality within this new visual assemblage. New Visualities, New Technologies addresses the pressing need for the conceptual understanding of new forms of seeing, looking, presenting, and hiding.*

THE GRACE WALK EXPERIENCE

ENJOYING LIFE THE WAY GOD INTENDS

Harvest House Publishers *For years, Steve McVey's Grace Walk (more than 200,000 copies sold) has inspired Christians to leave behind a performance and fear-based faith to embrace a faith lived in abundance and grace. Now The Grace Walk Experience workbook helps readers move that message of hope from their heads to their hearts as they explore eight truths that have changed lives worldwide daily, interactive studies that reveal grace as much more than a doctrine ways to quit "doing" for God so that He can live through them illustrations of the wonder and miracle of faith as God intended God's Word, salvation, and evangelism with new perspective This excellent tool for church classes, small group discussion, and individual study will lead believers to understand their identity in Christ, let go of legalism, and make room for the overflowing love, mercy, and purpose of life lived wholly in God's grace.*

AUDIOVISUAL QUALITY ASSESSMENT AND PREDICTION FOR VIDEOTELEPHONY

Springer *The work presented in this book focuses on modeling audiovisual quality as perceived by the users of IP-based solutions for video communication like videotelephony. It also extends the current framework for the parametric prediction of audiovisual call quality. The book addresses several aspects related to the quality perception of entire video calls, namely, the quality estimation of the single audio and video modalities in an interactive context, the audiovisual quality integration of these modalities and the temporal pooling of short sample-based quality scores to account for the perceptual quality impact of time-varying degradations.*

CARB COUNTER

HarperCollins UK *This companion to the Gem Calorie Counter is a handy portable guide to carbohydates in everyday foods. Clearly laid-out tables give details of net carbohydrates per portion (slice, biscuit, apple) making it quick and simple to use. Reducing carbohydrates and following a high protein diet has become a popular and effective way of losing weight and keeping those extra pounds off. The key to following such a diet is to control your carbohydrate intake. In addition to the net carb contents of everyday foods this guide gives calories, protein, and fat. Information is given per portion rather than 100g, meaning that there is less working out involved. Boredom is often the downfall of the carb counter, so a section is included which gives suggestions for different meals for breakfast, lunch, dinner, and snacks.*

BLENDED LEARNING AND ONLINE TUTORING

PLANNING LEARNER SUPPORT AND ACTIVITY DESIGN

Gower Publishing, Ltd. *Blended learning provides the flexibility to accommodate the varied requirements of pedagogies, disciplines and levels of course, together with the needs of a wide variety of learners. However, anyone concerned with the integration of online tutoring to support students appropriately may need to reassess current practice. This book adopts a pragmatic and common-sense approach to blended learning by situating the use of online media within a well-grounded teaching and learning strategy. It provides practical ideas for the successful implementation of blended strategies, including good practice in both asynchronous and synchronous tutoring, appropriate assessment design for developing successful blended learners, and innovative approaches to professional development for distance tutors. It is illustrated with a wide variety of examples and comments from students and practitioners in both distance and campus-based environments in 13 different countries. Since the first edition was published in 2006, there has been great interest in Web 2.0 technologies and their potential for use in an educational environment. This second edition has therefore incorporated many new examples of good practice, making use of a combination of tried and tested tools as well as blogs and wikis for supporting students. There has also been a recent rise in the use of activity-based learning*

and interest in its potential for supporting students in distance and online environments. The new edition incorporates many new exemplars of learning activity design in Part Three, to illustrate approaches to the development of critical, independent learners.

SMARTER FASTER BETTER

THE SECRETS OF BEING PRODUCTIVE IN LIFE AND BUSINESS

Random House *In the international bestseller The Power of Habit, Pulitzer Prize-winning journalist Charles Duhigg explained why we do what we do. In Smarter Faster Better, he applies the same relentless curiosity, rigorous reporting and rich storytelling to explain how we can get better at the things we do. The result is a groundbreaking exploration of the science of productivity. A group of data scientists at Google embark on a four-year study of how the best teams function, and find that how a group interacts is much more important than who is in the group. A Marine Corps general, faced with low morale among recruits, reimagines boot camp - and discovers that instilling a 'bias toward action' can turn even the most directionless teenagers into self-motivating achievers. The filmmakers behind Disney's Frozen are on the brink of catastrophe - until they shake up their team in just the right way, spurring a creative breakthrough that leads to one of the highest-grossing movies of all time. What do these people have in common? They know that productivity relies on making certain choices. The way we frame our daily decisions; the big ambitions we embrace and the easy goals we ignore; the cultures we establish as leaders to drive innovation: these are the things that separate the merely busy from the genuinely productive. At the core of Smarter Faster Better are eight key concepts - from motivation and goal-setting to focus and decision-making - that explain why some people and companies get so much done. Drawing on the latest findings in neuroscience, psychology and behavioural eco�nomics - as well as the experiences of CEOs, educational reformers, four-star generals, air�plane pilots and Broadway songwriters - this painstakingly researched book explains that the most productive people, companies and organizations don't merely act differently. They view the world, and their choices, in profoundly different ways.*

RNT

PLYMOUTH ROCK CHICKENS OR BARRED ROCK CHICKENS AS PETS. PLYMOUTH ROCK CHICKEN OWNER'S MANUAL.

Imb Publishing *The Plymouth Chicken or the Barred Rock Chicken is one of the most popular chicken breeds that have a dual utility. This breed is perfect for anyone who is just looking for a pet chicken and even for someone who is looking at converting his hobby of rearing chickens into a lucrative business. These chickens are able to lay about 3 to 5 eggs each day. That makes them ideal for a roaring egg business. On the other hand, their calm and docile nature makes them perfect to keep as pets. They are easy around children and other pets as well. This is why this breed was one of the most common backyard birds during the Second World War. The unique barred plumage is also very interesting. Most breeders seek to retain this coloration to its perfection to create beautiful show birds as well. If you are a first time chicken owner, this book is your comprehensive guide to chicken care. Everything that you need to know about the health and proper development of your birds is in this book. This book takes you step by step through various chicken care practises that can be slightly intimidating for first time pet owners. You can read about common issues like feeding, housing and healthcare for backyard chickens. I do hope that this book is as informative as I intended it to be. It is simple and fun to read, I assure you. So, here is wishing you pleasant times with your beloved Plymouth Rock chickens. Covered in this book: - History - Behavior - Best chickens to bring home - Preparing your home - Housing - Daily care - Interacting - Transporting - Managing the eggs - Health and well being - Costs .... and a lot more*